



Shifra Homes Inc.



ANNUAL REPORT 2017



Welcome to our Annual Report for 2017

It is with great pleasure that we share with you the following updates, information and financials about another successful year at Shifra Homes.

Board of Directors

Randy Matters –President of the Board

Geoff Cauchi –Vice President

Jordan Matters –Treasurer

Heather-Anne McDougall –Secretary

Antoinette Mendes de Franca –Board Member

Funding

The following Foundations and Businesses provided generous support for our Home and programs in 2017. These are our top 5 donors:

- Halton Region
- Burlington Foundation
- Oakville Community Foundation
- Hadrian Manufacturing
- Diversey (Charity Golf Tournament)

Shifra Homes continues to receive regional funding from the Regional Municipality of Halton.

The following are the streams of funding in 2017:

- Halton Community Investment Fund- Residential & Seeds of Hope funding
- Halton Community Investment Fund- Food Security Grant
- Halton Region Homelessness Grant



SHIFRA HOMES INC.**STATEMENT OF OPERATIONS***Year ended December 31*

	2017	2016
	\$	\$
REVENUES		
Donations - General	148,509	124,945
Donations - Angel Program	12,799	13,265
Donations - Baby Bottle Program	37,568	31,262
Donations - Foundations and Grants	88,277	111,921
Residential Contributions	27,637	40,143
Other Income	-	250
	314,790	321,786
EXPENDITURES		
Administration and postage	4,674	4,684
Advertising	1,382	681
Bank charges	722	752
Fundraising	1,683	634
Household and food	23,885	18,582
Insurance	4,585	2,526
Membership and education	250	1,035
Professional fees	5,977	6,249
Program	58,988	53,764
Rent	24,820	19,416
Repairs and maintenance	7,394	35,959
Staff and personnel	158,088	149,402
Telephone	3,633	7,439
Travel and mileage	9,261	7,449
Utilities	5,374	6,397
	310,716	314,969
EXCESS OF REVENUES OVER EXPENDITURES	4,074	6,817

Thank You!

We would like to express our utmost gratitude to the following organizations, agencies, businesses, and individuals for their amazing support in this past year:

ADAPT	Halton District School Board	Rotary North Burlington
Baby Friendly Initiative	Halton Prenatal Network	Salvation Army
Beginnings Adoption Agency	Halton Regional Police	SAVIS
Bethel CRC	Halton Women's Centre	Sheridan College
Bridging the Gap	Halton Women's Place	Sophia's Bows
Burlington Area Midwives	Healthy Babies Healthy Children	Soroptimist International
Burlington Christian Fellowship	Home Suite Hope	St. Gabriel's
Burlington Foundation	Joseph Brant Hospital	St. Michael's Parish
Burlington Professional Firefighters' Association	Julie Rock Photography	St. Patrick's Church
Burlington Public Library	Junior League of Hamilton – Burlington	St. Paul the Apostle Parish
Canadian Mental Health Association	Knights of Columbus Councils	St. Raphael's Parish
Catholic Women's League	Lorna Dueck	St. Stephen's United Church
Cedar Springs Dental	McMaster University	The Art House
Children's Aid Society Workers	Mohawk College	The Centre for Skills
Compassion Society	New Street CRC	The Regional Municipality of Halton
Crock a Doodle Burlington	Oakville Community Foundation	The ROCK
Faith CRC	Our Place Peel	The Women's Centre
Ron Faubert	Peel Youth Village	Toronto Pregnancy Centre
Family Home Visitors	Psychotherapy with Christina Janiga	Victim Services Halton
Food for Life	Public Health Nurses	Victim Services Peel
Halton Alive	Refresh Foods	Wellspring Church
Halton Breastfeeding Network	Region of Halton	YMCA – Employment Services
Halton Catholic District School Board	Rotary Lakeshore Club	40 Days of Life

Statistics for 2017

Statistics for 2017

Young women served:	41
Babies:	36
Family/Partners:	26
Outreach clients:	51
TOTAL:	154

Programs

Residential Program

Our primary program has continued to operate with a 100% success rate. Our young mothers receive eye care, dental care, prenatal and postnatal care, psychotherapy, housing assistance, nutrition, educational supports, career supports, and consistent care and compassion. We empower these women to become the best versions of themselves.

Seeds of Hope

We have provided rent supplements for 5 young families in 2017. Our previous residents have received continued access to counselling, food, clothing, baby items, and our love and support as they have learned to raise their children in the community. Our Shifra family continues to grow as each mother and child move out on their own.

We had several young women graduate high school in 2017. One of our young women who was supported by the Seeds of Hope program graduated with her Bachelor of Science in Nursing. What an amazing accomplishment.

We are so proud!

Outreach

Over the past year, we have been able to provide more of our Psychotherapy program to potential clients that have been on our waiting list. This has allowed for a smoother transition into our home while they wait for a bed. It has allowed us to assist women who could not access our residence but could still benefit from our resources. We saw improved dispositions and attitudes from these women as they accessed our services. Family members and workers noted the positive change in demeanor of those who were able to receive our supports and assistance. We plan to continue to deliver this program for years to come.

Family Support

We have continued to work with family members and the parenting fathers of babies over the last year. Broken family dynamics have been mended, healed and rebuilt. We have guided young fathers on the expectations and responsibilities of being a parent. Our young families have thrived as a result of our holistic approach to coaching and guiding them.

Wrap Around Services

Shifra Homes is now much more than just a roof over the head or shelter. Through the years we have been able to continually expand our services and programs for these young women and their babies and children. From the “roof over the head” model we are now a complete wrap around service and support system. We have so many programs and services that we now offer to current & former residents as well as any young pregnant women in the community requiring our assistance. It is inspiring to know that none of our former residents have ever returned to homelessness, our former babies are all thriving.



Message from the Executive Director

Had someone told me years ago that I would be the Executive Director at a maternity home and that I would love what I do, I honestly wouldn't have believed them. At that point in my life I was preoccupied with my business and my children. No matter how busy my schedule was, my children were always my priority. They always knew that their mother put them first above all else.

I couldn't imagine that a parent would ever put anything or anyone above their own child. So imagine my surprise when I assumed this position and I started to listen to the stories of the young women that we serve. Every time I thought I had heard a terrible story, the next was even worse. These young women come to Shifra Homes not knowing what to expect. In their world people have continuously let them down. One young woman came with 23 cavities in her mouth. When I asked her when she had last been to the dentist, she told me in grade 2 when the school had a dentist come and check the students teeth. My first thought was where her parents were, where the teachers were, where her health care providers were, but most importantly where was society. How can a child in this day and age be so neglected. How can a young pregnant woman be homeless and hungry?

Our statistics and data indicate that 85% of the young women that we admit to Shifra Homes have attempted suicide on at least one occasion. As a woman, mother and most importantly the Executive Director of this amazing charity I have the power to make a difference in the lives of so many. These young women's lives matter.

Every child is born with potential. From the minute that they enter this world and we look into their eyes, we believe that they have the potential to change this world. This would not be possible without the generosity of our donors and funders, volunteers, students and the community. These young women and babies don't have a voice. Shifra Homes is their voice. Shifra Homes is where they learn about unconditional love, their strengths, and their beauty and where they are empowered during their stay at our Home. There is no gift more precious.

As the Executive Director, it is my job and duty to ensure that each of the lives that come through our doors are given the best opportunities for success. As the

voice of these young women and their babies I am often in a position of having to beg for money and support to ensure that we are able to provide them with the support and resources that are necessary. Begging is the least that I can do for these children that were sadly often neglected. Thank you from the bottom of my heart to each and every one of you that supports or assists us in some way. It is your support and assistance that shows these young women and babies that their lives matter and that someone cares enough to make a difference in their future. If you ask me today how I feel about Shifra Homes, I would tell you that I feel so honoured, privileged, proud and blessed to be in the position that I am, making a difference in one life at a time thanks to your tremendous generosity and support!

With gratitude,

Nancy Romic



you
will
never
regret
being
kind 